

Marcus Rien, Saint John's

Week of: 2008-01-28



Saint John's University first-year **Marcus Rien** (Richmond, Minn./Rocori) won both the 1-Meter (202.35) and 3-Meter (183.75) diving events at the Saint John's/Saint Benedict Super Invite this past weekend.

Nathan Young, Macalester

Week of: 2008-01-21



Macalester College first-year **Nathan Young** (Denver, Colo.) enjoyed a successful weekend at the Grinnell Invitational winning three events and placing third in another. His winning times came in the 200 individual medley (2:00.41), 100 backstroke (53.34), later going 52.20 for a NCAA B cut time and pool record during time trials, and 200 backstroke (1:55.53), also a pool record. He placed third in the 200 freestyle with a time of 1:47.15.

Ted Marschall, Carleton

Week of: 2008-01-14



Carleton College junior **Ted Marschall** (Burnsville, Minn.) set three pool records at the Knights' meet against Saint Mary's and Luther over the weekend. In the 100 breaststroke, Marschall set a personal best time by more than one second and earned his first B cut time this season with a time of 57.95. He also received a B cut time in the 200 breaststroke with a time of 2:06.65 and set a pool record in the 200 IM with a 1:55.71. Marschall was also a member of the 200 Medley Relay that went a season best time.

Nelson Westby, St. Olaf

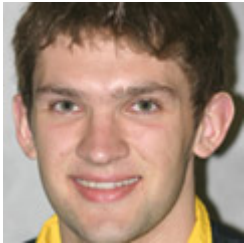
Week of: 2007-12-03



St. Olaf College junior **Nelson Westby** (Salem, Ore.) won five events at the Carthage Invitational finishing with two NCAA 'A' cuts and four 'B' cuts. Westby's first win was in the 200 IM with an 'A' cut time of 1:50.51, establishing a new school and conference record and faster than his national championship performance last year. It is also the top time in DIII this season. In the 200 breaststroke Westby finished in an 'A' cut time of 2:02.23, a new school record and also the fastest time in DIII. Westby also posted a 'B' cut in the first 100 going out in 57.76. He added a third individual win in the 50 freestyle swimming his fastest time in preliminaries with a 'B' cut of 21.02. Westby also swam on two winning medley relays splitting 21.98 and 49.21 in each of the butterfly legs.

Matt Stewart, Gustavus

Week of: 2007-11-19



Gustavus Adolphus College junior **Matt Stewart** (Burnsville, Minn./Apple Valley) recorded five wins in leading the Gusties to victory in the Gustavus Fall Invitational on Saturday. Stewart picked up four first places and meet records in the 500 freestyle (4:48.16), 100 butterfly (52.55), 200 butterfly (1:56.17), and anchoring the 200 Medley Relay (1:38.50). His fifth first place was in the 200 freestyle relay which recorded a time of 1:27.60.

Nathan Bentley, St. Olaf

Week of: 2007-11-12



St. Olaf College sophomore **Nathan Bentley** (Milwaukee, Wis./Whitefish Bay) was a double winner in St. Olaf's dual victory over Gustavus Friday night. Bentley swam breaststroke on the winning 200MR (1:36.92), won the 100 breast (1:01.63), and finished second in the 200 breast and 200 IM with personal bests in season times (2:15.66 breast, 1:59.26 IM). On Saturday, he won the 200 free (1:50.27) in dual victories over Hamline and Saint Mary's.

Jake Burgess, Hamline

Week of: 2007-11-05



Hamline University junior **Jake Burgess** (Oakdale, Minn.) won three events at the Hamline Quad meet this past Friday. He won the 50 Freestyle in a time of 22.28 and the 100 Freestyle in a time of 49.42. He also led off for the winning 200 Free Relay.